

GLP-1 Dosing Help

Pharmacies use different concentrations (strengths) based on your prescribed dose.
The vial may look different, but the amount you inject may be different too.



YOUR PRESCRIPTION WILL BE LABELED

Your prescription will be labeled for a specific dose (e.g., 2.5 mg) based on how you're tolerating your medication and your treatment plan, your dosing instructions may be adjusted.

Always follow the specific unit (mL) instructions I give you for your current vial.

Please reach out to us if you're unsure before injecting.

1

OUTER CONTAINER



This is the protective container with your dose instructions.

2

INSIDE THE CONTAINER



Inside you'll find one vial of Tirzepatide.

The concentration (mg/mL) is printed on the vial label.

The amount of fluid in the vial may be low — this is normal.

3

YOUR DOSE



Your prescription label indicates how many units to inject from your vial.

This is the standard U-100 insulin syringe (1 mL = 100 units).



U-100 INSULIN SYRINGE

1 mL = 100 units

Each small line = 2 units

Each numbered line = 10 units



Example: 50 units = 0.5mL

Example ONLY

FOLLOW UNITS PER RX LABEL



TIRZEPATIDE STANDARD DOSE PROGRESSION

Your dose (in mL or units) may be different based on the concentration (mg/mL) of your vial.

Dose	Weekly Dose	Number of Weekly Doses	Concentration	Implied Units
Dose 1	2.5 mg	4	2.5mg/0.5ml	50 Units
Dose 2	5 mg	4	5 mg/0.5ml	50 Units
Dose 3	7.5 mg	4	7.5mg/0.5ml	50 Units
Dose 4	10 mg	4	10 mg/0.5ml	50 Units
Dose 5	12.5 mg	4	12.5mg/0.5ml	50 Units
Dose 6+	15 mg	4	15 mg/0.5ml	50 Units

